# WARBSTOW & DISTRICT NEWS

76<sup>TH</sup> ED NOVEMBER/DECEMBER 2018





LEST WE FORGET



Editorial. For those who joined us at the quiz on Saturday (report page 34) you will be aware that Jan Carter, one of our Parish Councillors, has a petition to try and get the promised improvements to Camelford GPs' Surgery carried out. Do contact her if you wish to add your name to the petition. In mid September the village and school lost one of it's much loved ex-members. Thelma's moving eulogy about her friend Wendy Parsons is on page 37. FOWS is undergoing some reorganisation with Jayne Parsons as the new Chair. Check out the details of the new school lottery and a list of forthcoming events on page 11. Lynette has sent in a piece about the last Parish Council meeting, page 6 and the minutes are on page 28. Chris Hytch has written a piece about his folk song called "The Warbstow Giant", page 12. Adam Rutter has a piece about "Grumpiness", page 18. Alison Hoather has sent in a programme of events happening at Living Water. I've listed them on page 31. Cooks Seasonal recipes, something warming, are on page 26 and Barry Jordan CC's report is on page 35.

Lastly I shall be producing our Charity Christmas wishes magazine again this year and am hoping for a bumper number of entries. See page 15 for how to send in your filthy lucre to aid St Petroc's Charity for the homeless at Christmas. Stay safe on the 5th November and see you all at the War Memorial on 11th Nov 12.00 noon. GJB

#### REMEMBRANCE SERVICE

TO MARK THE CENTENARY OF THE END OF THE 1ST WORLD WAR CHURCHES EVERYWHERE WILL RING THEIR BELLS AT 11.00AM AND WARBSTOW CHURCH INTEND TO JOIN IN AND RING A PEEL FOR ABOUT 10 MINUTES. THIS IS NOT A CALL TO AN ARRANGED SERVICE AT THE CHURCH, THIS WILL BE HELD AS USUAL AT WARBSTOW CROSS AT 12.00 NOON LED BY THE METHODIST MINISTER.

#### **Editorial Committee**

Gerry Brown, Editor e-mail warbstownews@btinternet.com or gjbrown999@yahoo.com Tel 781631

Sue Halfpenny, Treasurer, Tel 781732

Bella Forsyth, Newshound Tel 01840 230197

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Annette Gavin, Distribution, Tel 781329

**Gill Brown** "What's On" Tel 781631 or email gill.brown@live.co.uk

Deadline for articles and for the next edition: 28th December 2018

Advertising Rates - Full A5 page per annum colour £72.00. B&W £36.00

Pro rata for Half, Third, Quarter and Sixths. Online rate £10.00/year

Small ads - £2 for up to 3 lines per issue

Invoices for adverts must be settled before inclusion.

# **WARBSTOW PARISH COUNCIL**

#### Your Parish Council is now:

Lynette Hutchinson Chair 01566 781806
Jan Carter Vice Chair 01840 261641
Trevor Shute Councillor 01566 781328
Roger Jones Councillor 01566 781308
Roger Bolt Councillor 01840 261706
Terry Luckwell Councillor 01566 781410
David Uglow Councillor 01566 781635

Lesley Bain Clerk <u>warbstowparish.clerk@gmail.com</u>
Parish email address <u>warbstowparish.council@gmail.com</u>

**Traffic Safety -** At the Camelford Network meeting held on the 11<sup>th</sup> September it was agreed that £5000 would be allocated to Warbstow Parish to improve the safety of Parish roads in year 3 (2020/21).

Following a meeting in Warbstow with Oliver James from Cornwall Council Highways and Barry Jordon, Oliver James said that proposed designs for improvements should now be available in the new year. These will include mirrors opposite Tredown lane, the give way sign to be moved at the war memorial exit and white lines to be re-painted and the review of speed limits through the villages.

**Community Centre** - Planning for the 14 extra parking spaces outside the Community Centre has now been approved, so we should soon be able to enjoy the benefits - grasscrete laid and stones removed - which will ease local parking at school times.

After emailing Land Ownership at Cornwall Council, they confirm that the Community Centre and adjacent land, which is owned by Cornwall Council, was leased on 1st April 2017 for 125 years to Aspire Academy Trust. The Parish Council was not informed of this beforehand. The Parish Council will be obtaining a copy of the lease for their records. The maintenance of the Community Centre grounds and hedges will now be the responsibly of The Aspire Academy Trust.

**Defibrillator -** Both Trelash and Canworthy Water defibrillators are now up and running. Thank you to all who supported us, painting, installing and achieving this great result.

Cont....

Camelford Medical Centre - Please help us to support action to improve the facilities, and include dental and pharmacy services to Camelford Health Centre. We have dropped down the list for improvements despite NHS England awarding £750,000 towards the improvements. We wish to raise the profile ensuring we secure the funding and achieve the targets. A Petition is being posted on the Warbstow Parish website (thank you Paul). All help we can get greatly appreciated. Please return completed petition sheets to me, Jan Carter.

**School Parking -** I have received an email from a resident of Knapmedown, Rose Wallington. Rose is concerned about the parking and the entrance to Knapmedown, stating that it's a hazard and she was concerned about emergency vehicles not being able to enter the road during school times. The school has been sent a copy of the email and said they will mention this in their Newsletter, making parents aware of the extra parking now available at the Community Centre.

**Next Meeting -** We are holding our next meeting on the 4<sup>th</sup> December 7.30 in Canworthy Church Hall. All Parishioners welcome. **Lynette Hutchinson** Parish email address - **warbstow.parish.council@hotmail.co.uk** 

# **COMMUNITY INFORMATION**

#### POLICE COMMUNITY SUPPORT OFFICER

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PCSO 30727 Jowan Annear based at Camelford Tel 01840 213709.

Camelford@devonandcornwall.pnn.police.uk.

30727@devonandcornwall.pnn.police.uk.

Always get a Ref. No. if you have cause to report an incident. Non emergencies and crime reporting: 101 Emergencies: 999

NEWSPAPERS and magazines can be ordered and paid for at Wainhouse Country Stores. They will be delivered to and can then be collected from Deer Park, Canworthy Water or Orchard House, Warbstow.

Unfortunately the shop has introduced a £1/week delivery charge.

Could you spare time to join the paper collection rota?

#### **NEIGHBOURHOOD WATCH**

Your local watch team are:-

Terry Luckwell 01566 781410 or TGL47@ btinternet.com

Thelma Balsdon - 01566 781496 Beverley Willis - 01566 781761

Lee Chaplin - 01566 781733 Annette Gavin - 01566 781329

Roy & Elizabeth Molyneux-Dickinson - 01840 261354

# TRESMEER VILLAGE HALL

Bringing the community together

Large hall available for functions, with large kitchen, equipped to cater for up to 100-120 people.

Light-weight tables. Disabled access and toilet
Regulars - £15per session, power inc, £25 one -off events
All day - £30 with bar - £35

Large car park Telephone 01566 781411

#### **WAINHOUSE COUNTRY STORE**

#### **POST OFFICE**

The Post Office includes Banking Services, Foreign Currency Facilities and Euros available on demand.

Opening hours: Mon to Sat 07.00am - 7.00pm Sun 07.00am - 6.00pm

#### **OFF-LICENCE**

Local Cheese & Cream, Fruit & Vegetables, Frozen Foods, Bacon & Fresh Meats
Barnacutt's Pasties freshly baked on our premises.

Newspapers & Magazines (see page 3)

Tel 01840 230554



# JUBILEE CLUB



#### The next trip is:

7th November - Truro, Christmas Shopping 6th December - Christmas Lunch at The Rydon Inn

For details and to book your seat please ring; Eve Thain on 781452 or Fernley & Mo Chambers on 01840 230428 Membership fee £5 per year which gives a discount on trips.

## FRIENDS OF WARBSTOW SCHOOL

100 club draw for end of term postponed until November. We are phasing out the 100 club and replacing it with a -> vour

There is a chance to win a weekly cash prize within our community and a weekly national prize of £25,000. Tickets are £1 per week & can be purchased at www.yourschoollottery.co.uk and searching for Warbstow Community School.

9<sup>th</sup> November - Bring and buy sale 3pm Warbstow Community Centre. All donations of jumble welcome, please leave in community centre porch.

16<sup>th</sup> December - Willow workshop Sunday Warbstow Community Centre to include full demonstration and materials £15 9am -12 Wreaths 1pm - 5pm Stars and Hearts. Places must be booked by 30th November, please call Katie Webb for more details 07810822090.

More events to come in 2019....Jayne Parsons. 01566 781673

## THE WARBSTOW GIANT

In ancient days beyond our ken
When Elvish folk were known to Men
The giants dwelt on high hilltops
And built their castles from the rocks.

And from on high, the lands around All could be seen, theirs to command. No man or Elf or sorcerer Could challenge or defeat their power.

Legends they are, and legends they say Far from the truth are oft to stray. One giant of the North would stand Protecting folk from roaming bands.

On Warbstow Bury he could see Great distances from moors to sea And with his sling would hurl great stones If invaders came to raid folks' homes.

Well fond of games like quoits was he
With village children made merry
And when at last his grave he found
Much moaning could be heard around.

These are the lyrics to 'The Warbstow Giant', a song written by local songwriter Chris Hytch, who recently recorded it in his music studio, The Piggery, and also produced a video. Chris says of the song:

"I decided to depict 'our' giant as being of the good natured variety, similar to the Carn Galver giant, near Zennor, who is said to have protected local people from other giants in return for the gift of the occasional cow and goat. This giant even befriended a young man named Choon, and played quoits with him. This behaviour is in contrast to the ....giants Cormoran and Bolster, for example, who are rumoured to have stolen cattle and even children to satisfy their appetites"!

"Little seems to be known of the Warbstow Giant other than the manner of his death. As seems to have been common amongst the giants, a pastime of theirs was to throw their cobbling hammers to each other to amuse themselves. It was during a game such as this that he was killed by a hammer thrown by the Launceston giant."

Chris, a former music producer, whose songs and tracks have been played on BBC 2, BBC Radio WM and Radio Cornwall, has written, recorded and performed several songs about Cornish legends, including one about a 'browney' who seems to be sharing his cottage with him and his wife! Chris plans to shoot more videos of these songs over the next year....so if you see a wandering minstrel up on the Bury now you know who it is.

At the time of writing the local primary school are planning to teach the song to the children to enter local competitions. Chris will also be entering it for next year's Gorsedh as an example of Cornish culture.

Chris regularly plays at local venues including monthly at the Songwriters Showcase, which he organises, at The Legion Hall, Crackington. He also plays monthly at The Acoustic Mill sessions at The Mill House, Trebarwith Strand and occasionally at the Real Junk Food Project, St. Kitts Herbery on the A39 near Camelford.

Website: chrishytch.wixsite.com/chrishytchmusic

To watch the video go to YouTube and type 'The Warbstow Giant' into the search box.





#### **CHRISTMAS WISHES CHARITY EDITION.**

As many of you are aware, for a small fee of £5.00, I have included in a colour Charity issue of the W&DN an individual's personalised Christmas greetings and circulated it around the immediate parish. This is instead of sending Christmas cards around the village to friends and neighbours. Last year we raised £280.00 for St Petroc's. Let's see if we can't better that sum this year. To have your wishes included email warbstownews@btinternet.com or write out your message and drop it through the letterbox with £5.00 to Gardenview, Warbstow by the 8th December please.

**Gerry Brown** 

\*\*\*\*\*\*\*\*\*\*\*

#### HAPPY CRAFTERS

Meet the second and fourth Thursday each month 2pm and 4pm.

Tutorials are included from time to time and these are mainly

conducted by our members who are meeting

at Otterham & St. Juliot Village Hall.

For further details please contact Julie Morris on 01840 230106

## **ADAM RUTTER**

Grumpy..... Me?!

I am currently reading Grumpy Old Men 'The Secret Diary' (again) which one of my more perceptive friends bought me as a C\*\*\*\*\*\*\* present some years ago. The guffaws it brought from her at the point of presentation along with the reaction of those others present prompted her to give me the 'new' Grumpy on subsequent successive years. To this day I remain confused as to why this should have been a 'go to' present for me and understand even less why the general populous seem to agree with her.

Having said that, it is apparent to me that, without doubt, there seem to be plenty of things put in this world just to make one Grumpy! Actually, I don't necessarily think that these things make me grumpy, it's just that there is so much out there that is patently potty. The thing that actually makes me grumpy is the fact that everyone knows things are potty and yet still keep towing The Potty Line and nothing changes!

There are the 'serious' potty things that drive me up the pole. For me these mainly comprise environmental issues and how Joe Public have been 'green-washed' into believing certain things such as solar panels, electric cars and the ubiquitous wind turbines are environmentally friendly. Generally they aren't but if you are going to get a Feed In Tariff or heat incentive you are bound to do it as it makes 'good economic sense'. The solar panels on the roof and SUV in the driveway shows how much it is all about the environment! If I had a pound for each time I have spoken to someone who has just had solar panels fitted who has then turned around and said 'just doing my bit for the environment'................well I'd have about 20 quid in my pocket I guess but not enough to pay for their brain surgery.

I had no intention of ranting and this article was to be full of light hearted and far more facile material than the above....But.. well, it's just the way us 'Grumpies' are apparently!!

So the thing that actually set me to writing this was overcoming my singular lack of self control. It's a Saturday morning and that means 'Coffee and Jazz' in this house. It also means that I tend to sit and read a book for an hour or so. The 'or so' invariably gets stretched over the weekends, especially given my desperate need to find out what happens next. Now if the 'Eastenders anthology' was the only book in the world, I wouldn't need to waste a second of my life reading! I digress.

In the interests of making more of my day, I decided to read an article from the Guardian Weekend (Jan 2018) called 'Happiness on a stick'. Twenty minutes reading and I could just get on! Not so. Firstly, I read the article by Tim Dowling, who would be a 'self confessed Grumpy', about the way to a healthier, happier and more informed life in just 10 minutes a day. For some bizarre reason he decided, amongst other things, to use a series of 20 minute podcasts in order to learn more about economics. 20 minutes was obviously far too big chunk out of his day, so his children told him of an cont....

....'app' (whatever that is) that could speed it all up. He finally settled on a speed of 1.8x (so a 20 min podcast takes about 12 mins) and now he 'grows increasingly impatient with the speed of actual human conversation. "Spit it out", I want to say'. His 12 minutes a day then have actually increased his stress levels and thus his grumpiness.

Reading The Guardian is not something I'm particularly proud of but in this house, generally speaking, The Wife and my views tend to cancel each other out. This can give rise to some strange hijacking procedures come election times. If only one of us gets to vote....... you see where I'm going with this. We are a way off broken limbs yet but it's important stuff.

Reading a newspaper is a struggle for me as I don't like to be classed as 'Taking a paper'. If you talk to a Guardian reader they insist that it is middle of the road, accurate and impartial reporting so how comes the Telegraph readers think the same? Is there anyone out there that is still under the impression that the BBC news is more impartial and accurate than Russia Today's news?

You see, we all know that's it's cobblers but nothing changes does it?! That is why as a race, and possibly as a planet, we are stuffed.

I remember my mum complaining bitterly about the fact that Mr Kipling's (other brands are available) Cherry Bakewells came in a cardboard box, which in turn had the tarts in foil trays, which then sat in a plastic tray, which was then wrapped in a plastic bag. That was about 45 years ago and despite all the 'bad press' that packaging has received nothing has changed. As you see I have had 45yrs to get grumpy over that one!

My parents didn't have two pennies to rub together for many years and so the car we had was an second hand Austin A40 which, with it's 850cc engine, was probably slightly bigger than a mini (the old type) (same engine! Ed). That was a family of four's car for many years, until it was stolen of all things! It was found near John 'O' Groats. So how can I argue that nothing has changed when the roads are full of cars under 5 years old and AWD as opposed to 4WD? (I'm busting for someone to make an AWD reliant robin!). Basically, that car was all my folk could afford. These days we seem to have, relatively speaking, so much more disposable income and a new car just seems to be the 'must have' and, in true Yankee style it would appear 'The bigger the better!' and damn the environment.

Last but definitely not least! I am not terribly swift and efficient when it comes to picking up The Wife's copy of the Saturday Guardian from the village; especially as this now involves a drive. The upshot is that it is not uncommon for the paper to get left at Deer Park for a few days beyond delivery. It has not gone unnoticed that each time that collection is overdue, the supplement (which to my mind is the only part worth 'reading') has been nicked. Whoever you are, it is our paper not yours and if we choose to leave it there for a month it is still our paper which we have paid for. And... It is theft so stop it! So much for 'Neighbour' hood watch!

And now..... I have wasted 2 hours writing this nonsense. Just something else to be grumpy about!!!

#### WHAT'S ON AROUND WARBSTOW?

#### **Regular Events in Warbstow Community Centre**

Tuesdays: Badminton 8:00-10.00pm. Phone Neil 781279

Thursdays Pilates with Martin Brooks 20:15 hrs Phone 07812 959 879

To check all information is correct on any of the above contact Warbstow School 781388

#### Regular Events in Tresmeer Village Hall

Tuesdays: Line Dancing 7:30pm, £4.00. Beginners welcome. Phone Maureen 01409

261120

Tuesdays

Friday

Wednesdays: Adventurers' Club 3.15pm-5.15pm, for primary school aged children.

Term time only. Phone Rachael Bate 781429

Old Tyme Dancing 7.30pm Phone: Keith Slade 01288 341147

Thursdays: Free for regular or one-off bookings

**Fridays:** Youth Club for 11 yrs upwards, 7.30pm-9.30pm Term time only.

Phone Rachael Bate 781429

To check all information is correct on any of the above contact Julie Walters 781819

#### **Regular Events in Other Places**

**Monday** Cubs 6.30 to 8.00 Scout hut Wainhouse Corner Phone Daphne 01288 352786

Jacobstow Brownies and Rainbows, 5:00-6:00pm, Jacobstow Parish Hall (term

time only). Phone Mary Andrews - 01840 230006

Scouts 6.30 to 8.00 Scout hut Wainhouse Corner Phone Josie 01840 230330

Juliotter Garden Club 7:30pm, Otterham & St Juliot's Hall (fourth Tuesday, monthly) varied Programme of presentations, free refreshments, raffle, sale of

surplus plants. Phone Pat Thorne on 01840 261237 or email pat@tregrylls.co.uk

**Tuesdays Pregnancy Yoga.** 6pm till 7.20pm. Suitable from 14 weeks. Call Gemma on

 $07813111198 \; \textbf{Rosehip Barn}, \, \texttt{Trefrank Farm}, \, \textbf{St.Clether}, \, \, \texttt{PL15 8QN}, \,$ 

Wednesdays Keep Fit Exercise class 9:30-10:45am, Clease Hall, Camelford (weekly) Phone

Katy 01208 815725

Young at Heart Club Canworthy Sunday school 1st and 3rd of the month

1.30 - 3pm Phone Alison 781418 All welcome

**Bethal Church Hall** 3rd Wednesday every month. 2.00pm . Good News Train Fellowship. Talks, Crafts, Games and refreshmenmt. Call Carol Teague 248697

**Beavers** 6.00 to 7.00 Scout hut Wainhouse Corner Daphne or Josie as above. **Kids Club** – a new club for primary school-aged children, 5:30 to 6.30pm at

Canworthy Sunday school. Contact Alison Hoather 07557916073

Thursdays Happy Crafters 2.00 - 4.00pm every 2<sup>nd</sup> and 4<sup>th</sup> Thursday, Venue Otterham VH.

Youth Club - a new club for senior school age children 7.00 to 8.30pm at

Canworthy Sunday school. Contact Alison Hoather **07557916073** 

#### FORTHCOMING EVENTS FOR YOUR DIARY

#### November

- Friday 2<sup>nd</sup> FLIC Launceston. "The Guernsey Literary and Potato Peel Pie Society" Doors 7.00pm Film 7.30pm Cert.12A . Adults £5. Concessions £4.00.
- Saturday 3<sup>rd</sup> Tresmeer Village Hall. Jumble Sale. 2pm.
- **Sunday 4<sup>th</sup> Minstrels Music Centre**: Divertimento String Quartet (Schubert, Saint-Saens, Shostakovich), 3.00pm. Enquiries: 01803 863677.
- Friday 9th Warbstow Community Centre FOWS Bring & Buy Sale 3.00pm
- **Saturday 10<sup>th</sup>Minstrels Music Centre**: Helen Porter (singer), Songs from Classic Shows. 2.30pm. Contacts: 01288 356886 or 01288 354240.
- Sunday 11<sup>th</sup> Tintagel Orpheus Male Voice Choir Concert 6.30pm for 7.00pm.

  Canworthy Water Chapel.
- Sunday 11<sup>th</sup> Bude Music Society Concert at Minstrels Music Centre. Special concert of piano music and poetry to commemorate the 100th anniversary of the 11.11.1918 Armistice. 3.00pm to 5.00pm. £13. Contact: 01288 341328.
- Friday 23<sup>rd</sup> The White Hart Launceston Refugee Support Group Wine & Wisdom Quiz 7.30pm to reserve a table contact vickyandbill@btinternet.com
- **Saturday 24<sup>th</sup>Tresmeer Village Hall.** Christmas Bazaar. 11.00am till Father Christmas arrives at 2.00pm. Bacon rolls, pasties, tea & coffee all day.

#### December

- **Sunday 2<sup>nd</sup> Tintagel Male Voice Choir** Christmas Carol Concert at Tintagel Chapel. 7.30pm.
- **Sunday 9<sup>th</sup> Tresmeer V. H.** Christmas lunch with all the trimmings, 2 courses for £7.50. To book Viv on 07967733250 or Phyl on 07539213628.
- **Sunday 16<sup>th</sup> Warbstow Community Centre** FOWS **Willow Workshop** £15/person must book before 30th Nov. Contact Katie Webb 07810822090
- Sunday 16<sup>th</sup> FLIC Launceston. Film: "Mamma Mia, Here We Go Again". Doors open: 2.30pm. Film starts: 3.00pm. Cert PG. Duration 114mins. Adults: £5. Concessions £4.00.
- **Monday 17<sup>th</sup> Minstrels Music Centre** Gala Christmas Concert: Minstrels Singers, Mini Minstrels and guest soloists. 7.00pm. £7 including refreshments.
- **Sunday 16<sup>th</sup> Tintagel Male Voice Choir** Christmas Carol Concert at Delabole Chapel. 7.00pm.
- **Saturday 22<sup>nd</sup>Tintagel Male Voice Choir** Christmas Carol Concert at Camelot Hotel. 6.30pm for 7.00pm.
- Please send your information about events in January/February and beyond directly to gill.brown@live.co.uk or 01566 781631 by 28<sup>th</sup> December 2018

### WARBSTOW HEATING OIL SYNDICATE

Deadline for an order is late Jan for early Feb 2018 delivery. The more of us who order through the syndicate, the more we can save. Even if you have a contract with Keltic Fuel Oils, you can still place your order through the syndicate and save money. Did you pay more? For more details contact Mike. Minimum order: 500lts. Mike Lewis 01566 781774 or michaellewis13@sky.com

#### THE WSM DEANERY BOOK CLUB

meets on the first Monday of each month.

Next meeting will be Monday. We meet at

14 Monterey Close at 7.30pm everyone welcome.

Telephone Gail Brace: 01288 352412

# **COOKS CORNER - SEASONAL FARE**

Gill and I decided this year to do some of our favourite recipes. I hope you will enjoy them too.

#### Gerry's Easy Thai Fish Curry

#### Ingredients;

5 Frozen Cod fillets

100g Frozen Prawns

50g Frozen Peas

1 large Onion finely chopped

3 Garlic Cloves crushed

1 400g Tin Coconut milk

1 large knob of butter

1 tablespoon cooking oil (rapeseed preferred)

2 tablespoon Thai Green Curry Paste

1 teaspoon dried Coriander

1 teaspoon dried Chives

½ teaspoon dried Dill

1 heaped tablespoon Crunchy Peanut Butter

1 tablespoon Ground Almonds

2 tablespoons Greek style yoghurt

The juice of 1 lemon

Salt and freshly ground black pepper to taste

#### Method

- In a large wok or saucepan melt the butter and the oil. Do not allow the butter to burn. When hot add the onion and fry gently
- After 5 mins add the garlic and continue to fry until the onions are translucent.
- 3. Add the Thai Green curry paste and a cup of water to the onions and stir in the paste to coat the onions then add the coconut milk and simmer gently.
- 4. When the mixture is bubbling add the frozen cod, the chives, coriander and the dill. A little water can be added to ensure the fish is just covered. Put on a lid and simmer for 8 minutes.
- 5. At 6 mins stir in the crunchy peanut butter.

Cont....

- Use a wooden spoon to gently break up the cod fillets into slightly smaller pieces
- 7. At 8 mins add to the pan the frozen peas and the prawns bring back to the simmer for a further 3 mins.
- 8. Stir in the Greek yoghurt.
- 9. Take off the heat and allow to stand. After a couple of mins stir in lemon juice and the ground almonds and serve.

Serve with Jasmine rice. Serves 4.

# Come And Meet Each Other Friday 16th November 2.00pm 11 Ashbury Grove with Sue & Rob Isherwood Contact Sue Dickenson 01288 341016 for details All welcome!

# WARBSTOW PARISH COUNCIL

# MEETING Held 2nd October 2018 @ 7.30PM CANWORTHY WATER SUNDAY SCHOOL

Present: Lynette Hutchinson (Chair)

Jan Carter ( Vice Chair)
Lesley Bain (Clerk)
Terry Luckwell
Trevor Shute
Roger Jones
David Uglow

Apologies: Roger Bolt and Barry Jordan

- 2. Declaration of Interests None
- 3. Councillors Dispensations None
- 4. Signing of the minutes from the last meeting on the 7th August 2018
  No changes Agreed by all
- 5. **Network Meeting** Lynette Hutchinson and Jan Carter attended the Network meeting on the 11th September. The expression of interest had already been sent in and accepted prior to the meeting. It was agreed that Warbstow could have £5000 to improve road safety allocated in year 3, however it may not take that long. Total project funding has been proportioned over 4 years for all of the Area.

Camelford Medical Centre - It was reported that the building is not fit for purpose. The medical centre will either have to move to another building or the current building have the necessary work undertaken. Camelford Health Hub are also looking for a solution with the issues of new GP provision (national issue for rural areas) More updates at the next Network meeting. Free parking in Camelford is under debate once again (at the moment). More information to follow at the next meeting that meeting has been scheduled for 11th December but this is yet to be confirmed. Lynette and Jan to both attend.

**6. Speed Watch Update** Terry Luckwell reported that he had various emails to and from the PCSO to find out who the contact is for Speed Watch. He has now been informed that it is PCSO Lawrence Hambrook, we had previously been given the wrong information. The Road Safety team will visit, the road needs to be assessed again with a speed camera to see if there is a problem. All the paperwork for volunteers has to be completed again.

A report has been produced by Cormac for Radarclass which monitored the speed of traffic at Fonston, Canworthy Water between the 3rd and the 11th July. The residents are unhappy with these results, only 3% exceeded the speed limit. They feel it wasn't in the right location to record an accurate speed of all vehicles.

Speeding / Junction meeting with Oliver Jones and Barry Jordan

Cont....

Lynette Hutchinson and Terry Luckwell attended a meeting on the 12th September with Oliver Jones and Barry Jordan. Discussions included:

Speed of traffic, Pot holes, Give Way sign to be moved to be visible earlier, at War Memorial, Repainting the lines outside Trewlaney House, and Mirrors installed opposite Tredown Lane. Oliver Jones has sent a follow up e-mail to say he should have some proposal designs early in the new year.

#### 7. Finance

**7.1** Lynette Hutchinson talked through the bank reconciliation. A cheque had been written out for £41.40 to the Inland Revenue which will now be destroyed as Lynette has discovered that we have a credit with them of £161.70. This credit is back dated from April 2017.

The cheque for the hedge cutting is still outstanding.

The Building Society cheque was paid in on 12th September, this will show on the next statement. The account is now officially closed.

#### 7.2 4 Cheques to be written:

Clerks Salary - £184.58

Zurich Insurance - £140.00. Cheque given to Lesley Bain

Mr Tim Carter - £8.71. Cheque given to Jan Carter

Warbstow News - £50 Cheque given to Lynette Hutchinson. The donation to Warbstow News was discussed and agreed by all to increase this amount. We will review the amount next year.

- **8. Downinney Mission Feedback** Lynette Hutchinson reported that the 15 yard rule doesn't apply as the land is a village green and not common ground. Warbstow Parish are the registered owners of the village green. It doesn't include the Old Pound as this is owned by (belongs to) John Bolt. The grazing rights still stand, they became final in 1973 when rights were registered with owners of the fields that surround the village green. Peter Jeffs could have access to cross the land but he can't disturb it, make any changes to the surface or enhance the entrance. All in agreement.
- **9. Community Funding -** PA System Lynette has received an e-mail request for £187.96 for a PA system for the Community Centre. It was agreed by all in principal however there were discussions on the quality of the system. Lynette will reply and ask for justification for the choice and to check reviews on this model. It would be a good idea to look at another model for a comparison.

#### 10. Planning Applications

10.1 PA18/08226 (Berneley, Trelash) No objection

#### 11. Any other business

**11.1 Painting of Canworthy Water Phone Box -** Special thanks to Phil and Nicky Henley, Chris Kinch, Dean Bellamy, Jo Stanley and Ann Luckwell for all their hard work.

Cont....

It was reported that the lights are not working in the phone box. Terry will look into this.

- 11.2 War Memorial Clean up will be on Saturday 3rd November at 10.30am.
- 11.3 Wreath Trevor Shute to arrange this.
- **11.4** Lynette Hutchinson has received an e-mail from Rose Wallington. She is concerned about the parking in Knapmedown. Parents park at the top of the road and it's very congested. She thinks it's a hazard and is worried about emergency vehicles not being able to enter the road.

It was agreed by all for the e-mail to be forwarded to the school and for them to remind parents to be more courteous when parking.

**Business Plan Update -** Lesley Bain has been working on this and will forward a draft copy to Lynette.

**Clerk Qualification -** Lesley Bain has found an online course. She will forward the link to Jan Carter.

Jan Carter reported that there are several people who ride horses through Trelash and wondered if signs could be put up to notify drivers. Lesley Bain to contact the Council.

**Community Centre** - An issue was raised regarding ownership and access of the Community Centre. Lynette Hutchinson to contact the Council to clarify this.

Meeting finished at 21.02pm.

Next meeting 4th Dec @ 7.30pm

# Bonfire Night



Saturday 3rd November 2018

Canworthy Manse

6pm - 8pm

All Welcome

# Bring Your Own Fireworks

YOU ARE INVITED TO:

**LIVING WATER REMEMBERS 2018** 

AT CANWORTHY WATER, PL15 8UW

Bring your thoughts, memories and prayers to share if you wish

OR REFLECT IN YOUR OWN WAY.

100 YEARS OF MILITARY CONFLICT HAS TOUCHED MANY HEARTS

WE ARE OPEN: FRIDAY TO SUNDAY 2ND – 4TH NOVEMBER 2.30 – 4.30PM WITH SATURDAY 3RD LUNCH SERVED BETWEEN 12 AND 2PM

SATURDAY 10TH AND SUNDAY 11TH NOVEMBER 2.30 - 4.30PM

WITH OUR FINALE CONCERT AT 7.00PM

LED BY THE TINTAGEL MALE VOICE CHOIR AND CHAIRED BY MR KEITH ROBERTS.

#### LIGHT REFRESHMENTS SERVED

DONATIONS ACCEPTED TO MILITARY BENEVOLENT CHARITIES AND THE CONTINUED WORK OF LIVING WATER CHURCH.

Sunday 16th December 10.30am Christingle Service at Living Water, Canworthy.

Collection for the Children's Society

Friday 21st December at 5pm. The Stable Service at Canworthy manse will take place.

## WARBSTOW CHURCH

#### HARVEST FESTIVAL

On the 14th of October @ 3.00pm, Warbstow Church held their annual Harvest Festival, tea and auction. It was another successful, ecumenical, event with over 30 adults and children attending. It began with a short Thanksgiving service led by Audre Atkin and Helen Jeffs, followed by 'High Tea' and culminating with an auction of locally grown produce led by John Uglow. The event raised £370 which is much needed for the restoration fund - so MANY THANKS to all who contributed; the 'Flower Girls' who decorated the church so beautifully; the ladies who prepared and served food; the 'strong' men who re-organised furniture and of course, all of you who supported the event with your presence and generous giving.

#### WINE AND WISDOM QUIZ NIGHT

This was a second attempt to bring the community together for a fun quiz night. It was another successful evening attracting a full hall and our thanks go to all who helped to organise, provide and create an entertaining event.

The worthy winners "The Bees" Carol, Terry, Gill & Alan Cont....



#### **Future Services:**

11th November 12.00am Remembrance service at the WM AA

25th November 9.30am Morning Prayers AA

11th December 1.30pm School Carol Service with Nativity Play

23rd December 11.00am Christingle Service

25th December 10.30am Christmas Day Communion

Church Wardens Audrey Atkin 781063 & Helen Jeffs 781081

.... Special thanks go to the quiz masters Gerry and Gill Brown, who presented a wide variety of questions to suit everyone's interests and abilities so that we could all be involved and have an equal chance of winning. Thanks also to Thelma Balsdon, Helen Jeffs, Angela Hurndel and Annette Gavin who prepared and served the excellent buffet which was accompanied by a glass (or two!) of wine, organised by Graham and Helen Jeffs. Anne Cross and Ray Haynes added to this with the sale of the raffle tickets. Together with the support of Warbstow community and friends, a total of £266.40 was raised for the restoration fund of Warbstow Church. Well done all of you and we hope you will support our next Wine and Wisdom in the new year in aid of the Defibrillator Fund. Watch this space for details and once again many THANKS,



# THE WILSEY DOWN HOTEL

Hallworthy, Camelford.

Tel: 01840 261205

Email: drinksinnltd2015@yahoo.com

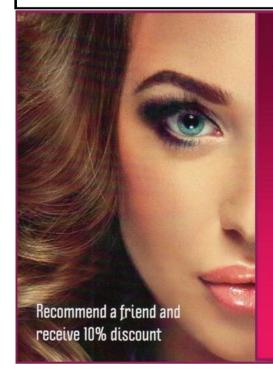


Good Food, Good Beer and Good Company
Serving Chefs homemade specials
Our very popular Carvery is available every Sunday – Booking Advisable
Take-Away

Senior Citizens Meals Thursday

We have a large function room available for parties, anniversaries, Christenings etc Hot & Cold Buffet Menus

En-suite accommodation in the heart of the countryside We look forward to seeing you....



# Mobile Hairdresser

—Vanessa Jones— For ALL your hair Dressing needs. Let me come and pamper you!

Hair by Vanessa Jones

01566 785946

# **BARRY JORDAN CC**

Many of you will have seen or been made aware of the proposed merger of the Devon & Cornwall Police with the Dorset Police and I attended the adoption of the Conservative candidate Alison Hernandez for the next term as Police and Crime Commissioner. Ms Hernandez explained why she had changed her mind and it boiled down to Cornwall & Devon getting the raw deal but we do need more police officers to stop rural crime along with urban crime which is on the increase as farmers are losing machinery and animals. This needs to be stopped and the criminals brought to justice. We need to put pressure on our Police Commissioner and Chief Constable to increase the force to protect everyone.

The one big issue that has come to light recently is the Urgent Care Centres. We had been assured that Launceston hospital "Minor Injuries Unit" would be a serious contender but the KCCG (Kernow Clinical Commissioning Group) think that Penzance (West) Truro (West) and Bodmin (Mid) would be the best choices. What about us in the North and the East of Cornwall? We have been totally ignored yet again. I have written to Jackie Pendleton CEO (KCCG) asking for a copy of the consultation document which I am still waiting for and pointed out that our area has approx 90,000 people, almost 20% of the local population, and asking why have we been ignored again? There is very little public transport in some places and no direct public transport to Bodmin, Truro or Plymouth. Often some of us in North Cornwall will end up in Barnstaple where there is no public transport at all. Cornwall Council and the government want to reduce the amount of carbon emissions yet the KCCG have totally ignored that. I urge everyone who believes that we should get a better deal in Launceston to either email Jackie Pendleton at j.pendleton@nhs.net or write to her at NHS Kernow Clinical Commissioning Group, Sedgemoor Centre, Priory Road, St Austell, Cornwall. PL25 5AS requesting that our area be given a better chance of getting urgent medical care.

Unless we shout we will be ignored and the more of us that put our heads above the parapet the better chance we have of changing minds and decisions. If you are unsure please contact me and I will send you a copy of the letter and email that I have already sent.

I can be contacted on 01840230048, Mobile (Emergency) 07799790813 and/or e-mail barry.jordan2@btinternet.com or barry.jordan@cornwallcouncillors.org.uk

# THELMA'S DIARY

Many readers of our newsletter knew "Auntie Wendy" Parsons, who sadly passed away, on the 6th September. At her funeral at Canworthy Water Chapel, three eulogies were given. The following, was my tribute to a wonderful friend.

The love and respect Wendy generated was clearly reflected by the number of people who attended the service. Over a time span of 30 years, I would not even estimate how many children have been fortunate enough to have been at Warbstow School with Auntie Wendy.

Some of those children – now grown up – at the time of Wendy's retirement last year, had their own little one's at Warbstow School. A second generation. Ben and Marie recall they first met Wendy at a party given for Chris and Angela Berry. Ben was a former pupil. When their daughters Sophie and Tanya started school at Warbstow, firstly at Learning Together and it was so reassuring to know Auntie Wendy would be there to look after them, as was the case for all children.

School hours often didn't apply to Wendy. There was always something to be done. Preparations for Christmas, school camp, Bring and Buys. After school clubs, sports days, whatever was happening, Wendy was involved.

In our community and elsewhere, Wendy with her caring nature was always on hand. Sometimes in a practical way, baking, popping into see people or just greeting someone with a smile and a "Hello Flower".

She loved music, dancing, films, meeting friends for coffee or tea – 1 sugar!

Shopping! If, like me, you had the experience of tagging along – IMPORTANT – firstly to keep apace – secondly to take on board that, having visited every store ending up at the first. Never a stroll in the park! I often found myself herded into a cubicle with an armful of clothes, and Wendy telling me to try it on, it will suit you! MY FASHION GURU!

40 years of memories, a few sad, but these eclipsed by happy ones.

#### Warbstow Community Centre

Warbstow Community centre is free in the evenings on Wednesday, Friday,
Saturday & Sunday just £10.00 per evening.
If you wish to book the hall please contact:
secretary@warbstow.cornwall.sch.uk

#### TINTAGEL ORPHEUS MALE VOICE CHOIR

11<sup>TH</sup> NOVEMBER 6:30 FOR 7:00 P.M. CONCERT AT CANWORTHY WATER CHAPEL.

2<sup>ND</sup> DECEMBER 7:30 p.m. TINTAGEL CHAPEL CHRISTMAS CAROL CONCERT.

16<sup>TH</sup> DECEMBER 7:00 P.M. DELABOLE CHAPEL CHRISTMAS CAROL CONCERT.

22<sup>ND</sup> DECEMBER 6:30 FOR 7:00 P.M. CAMELOT HOTEL CHRISTMAS CAROL CONCERT.

CONTACT 01840 213736 FOR FURTHER DETAILS tintagelchoir@yahoo.com

REGISTERED CHARITY No. 1125934

# MINSTRELS MUSIC CENTRE Canworthy Water

November

Sunday 4<sup>th</sup> Divertimento String Quartet (Schubert, Saint- Saens,

Shostakovich), 3.00pm. Enquiries: 01803 863677.

**Saturday 10<sup>th</sup>** Helen Porter (singer), Songs from Classic Shows.

2.30pm. Contacts: 01288 356886 or 01288 354240.

**Sunday 11<sup>th</sup>** Bude Music Society Concert at Minstrels Music Centre.

Special concert of piano music and poetry to

commemorate the 100th anniversary of the 11.11.1918

Armistice 3.00pm to 5.00pm £13.

Contact: 01288 341328.

December

**Monday 17<sup>th</sup>** Minstrels Music Centre Gala Christmas Concert:

Minstrels Singers, Mini Minstrels and guest soloists.

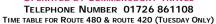
7.00pm. £7 including refreshments.

**Contact 01566 781491 for details** 



#### **BUS SERVICES**

#### **OPERATED BY SUMMERCOURT TRAVEL**





ellle.				- 111111
ROUTE 480		Monday/Thursday	Wednesday	Friday
WARBSTOW CROSS	WARBSTOW CROSS	09.35	09.35	09.35
CANWORTHY WATER	CANWORTHY WATER	09.38	09.38	09.38
WEEK ST MARY	WEEK ST MARY	09.53	09.53	09.53
NORTH TAMERTON	NORTH TAMERTON	10.08	I	I
BOYTON	BOYTON CHURCH	10.18	I	I
LAUNCESTON WESTGATE ST	CAR PARK BUS BAY	10.33	I	I
LAUNCESTON TESCO	TESCO END OF BUILDING	10.43	I	I
ROUTE 480		Monday/Thursday	Wednesday	Friday
WHITSTONE	WHITSTONE		10.01	10.01
NORTH TAMERTON	North Tamerton		10.08	I
HOLSWORTHY	Manor Car Park		10.23	I
TITSON	TITSON	THERE ARE	NO BANK	10.08
MARHAMCHURCH	Marhamchurch	HOLIDAY S	SERVICES	10.13
BUDE	THE STRAND			10.23
ROUTE 480		Monday/Thursday	Wednesday	Friday
LAUNCESTON TESCO	TESCO END OF BUILDING	12.50		
LAUNCESTON WESTGATE ST	CAR PARK BUS BAY	13.00		
BOYTON	BOYTON CHURCH	13.15		
HOLSWORTHY	Manor Car Park	ı	13.10	
NORTH TAMERTON	NORTH TAMERTON	13.25	13.25	
ROUTE 480		Monday/Thursday	Wednesday	Friday
BUDE	THE STRAND	i	i	13.10
MARHAMCHURCH	Marhamchurch	i	i	13.20
TITSON	TITSON	i	i	13.25
WHITSTONE	WHITSTONE	i	13.32	13.32
WEEK ST MARY	WEEK ST MARY	13.40	13.40	13.40
CANWORTHY WATER	CANWORTHY WATER	13.54	13.54	13.54
WARBSTOW CROSS	WARBSTOW CROSS	14.00	14.00	14.00
ROUTE 420		TUESDAY		
WARBSTOW CROSS	WARBSTOW CROSS	09.58	THIS ROUTE 420	13.11
CANWORTHY WATER	CANWORTHY WATER	10.01	STARTS AND FINISHES HIGHER CRACKINGTON	13.07
SPLATT	SPLATT	10.07	VIA CRACKINGTON HAVEN,	13.02
TRESMEER	TRESMEER	10.10	WAINHOUSE CORNER,	13.00
EGLOSKERRY	EGLOSKERRY	10.15	JACOBSTOWE & WEEK ST MARY	12.55
LAUNCESTON WESTGATE ST	CAR PARK BUS BAY	10.30	THEN CANWORTHY WATER,	12.45
LAUNCESTON TESCO	TESCO END OF BUILDING	10.40	WARBSTOW ETC.	12.35

TRAVEL CORNWALL - FREE PASSES AFTER 9.30AM. 01726 861108 OR WWW.TRAVELCORNWALL.UK.COM/BUS-ROUTES

SERVICE 410 - DELABO	DLE TO LAUNCE	ESTON - BY SUN	MERCOURT T	RAVEL	
LAUNCESTON TESCOS		1125	1325	1725	1
LAUNCESTON WESTGATE ST		1128	1328	1728	1
TREBURSYE		1133	1333	1733	1
Tregadillett		1136	1336	1736	Mon to
PIPERS POOL		1142	1342	1742	SATURDAY SERVICE
HALLWORTHY	0929	1149	1349	1749	ONLY.
DAVIDSTOW	0933	1153	1353	1753	NOT OPERATED
CAMELFORD TOWN CENTRE	0939	1159	1359	1759	ON BANK
CAMELFORD MUSEUM	0941	1201	1401	1801	OR PUBLIC
DELABOLE, THE SMUGGLERS		1210	1410	1810	HOLIDAYS
DELABOLE, THE SMUGGLERS		1215	1415	1415	
CAMELFORD MUSEUM	0945	1225	1425	1425	1
CAMELFORD TOWN CENTRE	0947	1227	1427	1427	DURING
DAVIDSTOW	0954	1234	1434	1434	SCHOOL HOLIDAYS
HALLWORTHY	0958	1238	1438	1438	ONLY
PIPERS POOL	1005	1245		1445	
Tregadillett	1011	1251		1451	
TREBURSYE	1014	1254		1454	
LAUNCESTON WESTGATE ST	1021	1301		1501	
LAUNCESTON TESCO	1028	1308		1508	]◆──

YOUR No 6A	BUS	SER	VICE T	O Al	ND FR	OM EXE	TER
6A incorporates X9,X10 and 510 *Terminates in Bude Via Red Post	N.	SERVI	-	ALLY O	olic holida PERATED USES	•	Sundays & Public holidays
LAUNCESTON WESTGATE ST	06.30		10.15		14.30	16.00	10.00
ОАКНАМРТОМ Т. СООК (В)	07.05		10.55		15.10	16.40	10.40
EXETER BUS STATION	08.26		12.00		16.15	17.45	11.43
EXETER BUS STATION	07.50		12.20		17.10*	18.15*	17.00*
OAKHAMPTON WEST ST (A)	09.00		13.30		18.28	19.25	18.08
LAUNCESTON WESTGATE ST	09.31		14.06		19.07	20.01	18.45
ENGLIBLES TO STAG	ECOAC	יוו פר	NITH W	EST	01302	<i>1</i> 27711	

12- BUDE - LAUNCESTON - CALLINGTON - PLYMOUTH	ESTON	- CALI	INGTON	- PLY	HTUON	Оре	RATOR	OPERATOR PLYMOUTH CITY	отн С	ITY Bus		
ROUTE 12 & 12B			Monday to Saturday								Sun & PH	H
LAUNCESTON WESTGATE	0625	0710	0735	0825			1817	1917	2017	2147	0910	
LAUNCESTON TESCOS	0631	0716	0741	0831		Then every	1823	1923	2023	2153	0914	Every two
CALLINGTON NEW ROAD	0700	0753	0826	0900		Hour on the	1850	1950	2050	2220	0940	bus 19.10
BR SALTASH ROAD	0747	0837	0914	0947		half	1926	2026	2126	2256	1018	arrives 20.31
PLYMOUTH ROYAL PARADE	0752	0842	0919	0952		till	1930	2030	2130	2300	1023	
	Scн	SCHOOL BAYS ONLY	ONLY	<b>—</b>				Check or	Check on line for Bude	Bude Service	ice	-
PLYMOUTH ROYAL PARADE	0450	0600	0700	0740	0800	1705	1805	1905	2035	2305	0735	
PENNYCOMEQUICK BR	0454	0604	0704	0744	0804	1709	1809	1909	2039	2309	0739	Every two
CALLINGTON NEW ROAD	0533	0650	0746	0850	0846	1751	1851	1947	2118	2347	0825	bus 17.35
LAUNCESTON TESCOS	0552	0714	0814	0914	0914	1819	1919	2011	2141	0011	0849	18.57
LAUNCESTON WESTGATE **	0557	0722E	0822 W	0922	0922 E	1827	1927	2016	2146	0016	0857	

\*\* Please be aware buses go from both East and West side of Westgate Launceston

PLEASE CHECK HTTP://WWW.TRAVELINESW.COM FOR LATEST UP TO DATE SERVICE DETAILS TIMINGS CORRECT AT 30TH APRIL 2018